#### **Procedure Guideline**

Index No: 1090 Date: 4/25/12

Reviewed: 12/1/13

#### **HEALTHY VENDING**

## I. <u>PURPOSE</u>:

The following guidelines establishes policies and procedures for the implementation of a healthy vending policy within the City organization that promotes and encourages healthy vending snacks and drinks in all City facilities.

# II. RESPONSIBILITY:

Responsibility for this policy rests with the City Manager.

### III. <u>POLICY</u>:

It will be the policy of the City of Little Rock and its various Departments to implement vending practices that ensure access to healthy snack and beverage choices in all City of Little Rock work sites. Furthermore, it shall be the policy of the City of Little Rock to increase the availability of healthy snack and beverage choices to City employees and visitors to City facilities.

### IV. PROCEDURE:

- A. City Staff responsible for working with vending machine vendors, or those City employees responsible for stocking machines, will identify and use healthier foods, including foods and beverages that are nutrient- dense and primarily unprocessed, such as: unsalted nuts; unsweetened dried fruit; 100% whole-grain crackers; low sodium dried meat or tuna; and plain or carbonated water.
- B. City Staff responsible for working with vending machine vendors, or those City employees responsible for stocking machines, will increase the percentage of healthy foods and beverages contained in vending machines located in City of Little Rock facilities. The goal is to increase the percentage of healthy foods and beverages contained in vending machines to 50% by July 1, 2012, and 75% by July 1, 2013 percent.
- C. Recommended beverages include, but are not limited to: bottled water; 100% fruit juice; vegetable juice; non-carbonated calorie-free flavored water; unflavored fat-free or 1% milk; sugar-free and caffeine-free beverages, etc. The formal guidelines are attached to this policy.
- D. Recommended snacks are those low in fat and sugar, including, but not limited to: fruit, fresh, canned or dried; breakfast bars; cereal mixes; cereal bars; oatmeal bars; nuts sunflower seeds, etc.

- E. This Policy shall be implemented not later than June 1, 2012. Exceptions to the implementation date shall be those City Departments with existing vending contracts that conclude later than June 1, 2012. However, Department Directors shall employ their best efforts to ensure that, to the extent possible, healthy vending choices shall be stocked in all vending machines as soon as practicable.
- F. Department Directors will review this policy on a quarterly basis to determine the validity of the implementation and coordination of this policy and will submit a quarterly report to the City Manger regarding progress toward implementation of the Policy on a form to be provided.

Approved:

Bruce T. Moore City Manager