

# ANNUAL PREVENTATIVE CARE EXAM FORM



**Exam will not be documented if not submitted to the contact information below!**

**Please return this form to:**

City of Little Rock  
Risk Management & Wellness Div.  
500 W. Markham Suite 130W Little Rock, Arkansas 72201  
Fax: (501) 371- 4496  
Email: [hrbenefits@littlerock.gov](mailto:hrbenefits@littlerock.gov)

Member Name: \_\_\_\_\_

Employee #: \_\_\_\_\_

Employer: City of Little Rock

---

The referenced member above completed an Annual Preventative Care Exam on (mm/dd/yyyy) \_\_\_\_\_

Physician's/Nurse/Pharmacist Name and Office Location/City Event:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician's/Nurse/Pharmacist Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I ( \_\_\_\_\_ ) have completed the City on The Move Annual Preventative Care Exam.

Employee's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

---

As a participant in the City of Little Rock's City on The Move Wellness Program, I am required to have an Annual Preventative Care Exam. The Annual Preventative Care Exam has to be completed between January 1, 2023 and December 16, 2023.

### Why do a Preventative Care Exam?

In 2023, the premium for all plans will be \$50 less a month if you have completed your annual wellness exam in 2022 and turned your form in to Human Resources. If you get the wellness exam you save \$600 a year.

### What is considered a Preventative Care Exam?

- Annual check-up (1 per year) (Billing Code: G0438)
- Mammogram (1 per year; age 40 +) (Billing Code: 77067)
- Colonoscopy ( 1 per every 10 years, age 50+ ) (Firefighters are exempt from age limit) (Billing Code: 45378)
- Vaccinations
  - Shingles (Billing Code: 90733)
  - Hep A (Billing Code: 90633)
  - Hep B (Billing Code: 86704)
  - HPV (Billing Code: 90647)
  - Flu Shot (Billing Code: 90653)
  - MMR (Billing Code: 90707)
- Screenings
  - Colon Cancer (Billing Code: Stool 82270)
  - Blood Pressure
  - Diabetes (Billing Code: 0403T)
  - Cholesterol (Billing Code:82465)
  - Syphilis (Billing Code: 86593)