



**Jim Dailey Fitness &
Aquatic Center**

Facility Hours & Amenities

Indoor 25-Yard Swimming Pool
and Whirlpool

Indoor Jogging/Walking Track (16
laps=1 mile)

Full Complement of Cybex
Weight Machines

Full Locker Room/Shower
Facilities

Aerobics and Aquatics Classes

Gymnasium

Children's Activities

Multipurpose Indoor Court Area

Multipurpose Activity Room

Professional Staff

Tennis Court

Hours of Operation

Monday to Friday 5:30 am to 9:00 pm

Saturday 7:00 am to 6:00 pm

Sunday 1:00 pm to 5:00 pm

**For the enjoyment and
pleasure of our members
and guests, we provide the
following:**

Contact Us

 501-664-6976

 300 South Monroe LR, AR 72205

 www.facebook.com/NewJDFAC